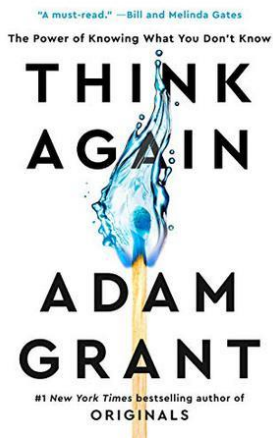




Think Again

Author: Adam Grant

Publisher: First published by Penguin in 2021 (320 pages)



In "Think Again," the author, Grant presents the theoretical and practical aspects of rethinking and mental agility.

Contrary to the general view, Grant questions that a combination of instincts, habits,

assumptions, and experiences is something we should hold dear. Instead of that, the author emphasizes the importance of lifelong learning and maintaining an open, flexible mind.

Grant believes that keeping an open mind is a teachable skill. He brilliantly convinces the readers to rethink their opinions and their most important decisions.

Rethinking liberates us to do more than update our knowledge and opinions—it's a

tool for leading a more fulfilling life." That sounds pretty important to me, so I'll be re-reading and rethinking regularly.

Adam also talks about the Dunning–Kruger effect which is a cognitive bias where people will overestimate their ability. Adam goes on to say "If we're certain that we know something, we have no reason to look for gaps and flaws in our knowledge - let alone fill or correct them."

Grant seamlessly weaves this broad topic of "open-mindedness" with practical tools for how-to, and how not to, put into practice. He also tells vivid, and sometimes heartbreaking stories that show this value in practice. If you're trying to improve your openness and curiosity and embrace the mentality of a tinkering scientist over a confident prognosticator, this book is fantastic.

-Reviewed by Musafir