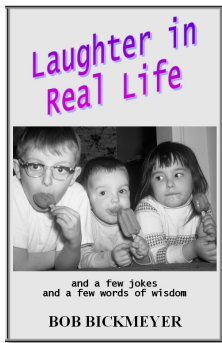


Book Review



Laughter in Real Life By Robert H. Bickmeyer Think Club Publications

Here we have an assortment of jokes and anecdotes collected over a lifetime. Need to get rid of a safe? You can find out a creative way to dispose of one. Or you can pick up some good natured tricks to play on your friends or co-workers. The author no doubt has a good time wherever he

goes. Along with the laughs, are many observations about the simple things in life which many of us let rush by without notice.

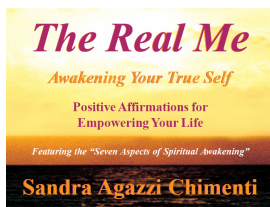
There are plenty of chuckles, whether it be from dealing with a perpetually late wife or chiding a doctor for keeping you too long in the waiting room. No doubt reading about the little life moments of someone else will spur many of us to remember our own little life moments. Generously, space is provided in the book to enter your own anecdotes.

This book makes an excellent gift for any occasion.

-Reviewed by David Beagan

The Real Me – Awakening Your True Self

Author: Sandra Agazzi Chimenti
Published by Creative Books and Music



Life does not come with a user's manual. Chimenti, however, has attempted to compile one based on her own thought, education and life experiences. Her book, *The Real Me (Awakening Your True Self, Positive Affirmation for Empowering Your Life)* is a

guide for awakening and empowering ourselves. For years, Chimenti has been giving classes on the subject of spiritual awakening and, thus, has shared her wisdom with others. *The Real Me* is an attempt to reach those who have not had the opportunity to learn from her in person.

It is true that our thoughts create our reality, nevertheless, the only thing that remains constant in life is God's love (not our thoughts) because His love is unconditional and all-pervasive. Once we accept our creator and let Him guide us on the path of life, we can rejuvenate ourselves and breathe in healing energy (exhaling all negativity). Having established that trust, Chimenti takes us to the seven aspects of spiritual awakening consisting of divine creation, communication, apology and forgiveness, gratitude and praise, loving choices, flowing in life and sharing gifts and talents.

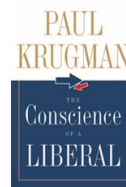
Her intellectual and divine energy creates very effective positive affirmation statements. Some of my favorites are: "God loves me just the way I am. Life is a process, not a product. When points of view are in conflict, I am willing to listen to others without trying to solve the problem. Thoughts have power. I am a human; mistakes may happen; forgiveness is my 'reset button.' I take responsibility for myself. I accept who I am. I see the best in me; I see the best in others. Today, I choose to live in love vs. fear." It is so inspiring that I could narrate the whole book.

The entire manual is adorned with Chimenti's love for humanity with her personalized messages such as, "I encourage you to awaken to the infinite love that is already present in each of us and in each moment to create a more peaceful, and happy life" Chimenti has also listed "Resources and Services" towards the end. The most noticeable are: Some Signals of Inappropriate Behavior and Index of Positive Affirmations and Statements. I recommend this book as a quick behavioral therapy for busy individuals of all ages. - Reviewed by Musafir

The Conscience of a Liberal

Author: Paul Krugman

Publisher: W.W. Norton & Company, Inc.



I was very curious to read this book because the author is very liberal and proud of this fact. Whether you agree with Krugman or not, you have to be impressed by his credentials and the way he argues his points. An economist by training, he is a winner of the John Bates Clark Medal. This is the second most prestigious award that

can be given to an economist behind only the Nobel Prize. Whenever he appears on news programs and is faced with a conservative opponent, he manages to win the argument and make his opponent look very foolish in the process. I have seen him do this to otherwise formidable adversaries such as Newt Gingrich and Bill O'Reilly.

The book starts out with a review of how the economic distribution has changed over time. In the 1920s there was tremendous concentration of wealth in the upper economic brackets. With the New Deal in the 1930s continuing into the Great Society in the 1960s there was substantially more parity between the rich and poor classes. He correctly points out that Eisenhower, Nixon, and Ford were Republicans who were in many ways to the left of Bill Clinton on tax and welfare policy. In fact, it was Nixon who raised taxes, increased environmental regulations, and even advocated national health insurance. However, in the 1970s and afterward the Republican Party moved markedly to the right as a result of

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